

ALL DAY



BREAKFAST CLASSICS

Served with Crispy Potatoes

TELA'S BREAKFAST—\$14

Two eggs, Toast

Choice of: Bacon, Sausage, Ham, Turkey Bacon, or Avocado (V)

EGG SANDWICH—\$13

Two Eggs Over Easy, Cheddar, Brioche (V)

Choice of: Bacon, Sausage, Ham, Turkey Bacon, or Avocado

AGED CHEDDAR OMELET—\$14

Cheddar, Spinach (V)

TELA'S BACON OMELET—\$15

Cheddar, Chives

EGGS BENEDICT—\$14

French Ham, Hollandaise, English Muffin

Substitute: Smoked Salmon \$4

POACHED EGG SKILLET—\$14

Breakfast Potato, Sausage, Hollandaise

SCRAMBLED EGG ON TOAST—\$14

Sourdough, Prosciutto, Basil Pesto,

BREAKFAST TACO—\$13

Flour Tortilla, Scrambled Eggs, Avocado, Cheddar, Bacon

BREADS & SWEETS

BUTTERMILK PANCAKE—\$13

Maple Syrup, Mixed Berries (V)

FRENCH TOAST—\$13

Fresh Berries, Powdered Sugar (V)

AVOCADO TOAST—\$13

Soft Boiled Egg, Radish, Salad Greens

LOCALLY SOURCED BAGEL—\$4

Choice of: Whipped Butter, Jam or Cream Cheese (V)

CHICKEN & WAFFLE—\$17

Buttermilk Waffle, Caramelized Apple

SALADS

ADD:

Chicken Breast—\$5

Salmon—\$6

Shrimp—\$5

Smoked Turkey—\$5

GRILLED AVOCADO—\$14

Radish, Kale, Champagne Vinaigrette

(V) (GF)

COBB—\$14

Bacon, Blue Cheese, Avocado, Hard Boiled Egg, Organic Cherry Tomato, Buttermilk Ranch Dressing (GF)

AUTUMN FOG—\$13

Mushroom, Baby Lettuce, Humboldt

Fog (V) (GF)

CAESAR—\$12

Parmesan, Croutons (V)

BOWLS

BROWN RICE—\$13

Kimchee, Chickpeas, Mushroom, Cucumber, Bell Pepper, Miso Vinaigrette (V) (VE) (GF)

GREEK BOWL—\$14

Hummus, Feta, Chickpea-Tomato Salad, Pita (V)

SALMON POKE—\$16

Soy, Cucumber, Radish, Pickled Ginger

VIETNAMESE NOODLE BOWL—\$16

Vermicelli Noodles, Peanuts, Carrots, Cucumber, Basil, Cilantro, Honey-Soy Chicken Breast (GF) Add on: Egg \$2

EXTRAS

SEASONED FRIES—\$5

Sea Salt (V)

MAC AND CHEESE—\$7

Aged Cheddar, Toasted Bread Crumbs (V)

POTATO CHIPS (V)—\$5

SEASONAL FRUIT PLATE (V)—\$8

SANDWICHES

All sandwiches come with dressed field greens

ADD:

Gluten Free Bread—\$2

Fries or Fryer Chips—\$3

CHICKEN MILANESE—\$14

Chicken Cutlet, Sundried Tomato Aioli, Pickled Pepper, Seeded Sarcone's Roll

ROASTED TURKEY—\$14

Herb Mayo, Avocado, Smoked Bacon, Wheat Bread

SALMON BURGER—\$15

Garlic Aioli, Lettuce, Tomato, Seeded Bun

TUNA, CHEDDAR, APPLE—\$12

Tuna Salad, Sliced Local Apples, Aged Cheddar, Wheat Bread

ITALIAN—\$12

Mortadella, Prosciutto, Pepperoni, Lettuce, Tomato, Olive Oil, Sarcone's Seeded Roll

GRILLED CHICKEN—\$13

Cilantro Crema, Avocado, Tomato, Ciabatta

EGGPLANT PARMESAN—\$13

Sarcone's Seeded Roll, Parmesan, Mozzarella (V)

CUBANO—\$14

Slow Roasted Pork, Ham, Swiss, Dijon, Pickles

BUTTERMILK FRIED CHICKEN—\$14

Mike's Hot Honey, Basil Aioli, Pickles, Brioche

CRISPY MAHI-MAHI TACOS—\$14

Salted Cabbage, Lime, Jalapeño, Chipotle Aioli

(V)

Vegetarian

(VE)

Vegan

(GF)

Gluten-Free